

Zoya's Face Spa

Photo Facial IPL Consent Form

For years, Photo Facial treatments have been used to effectively and safely treat a variety of cosmetic skin problems. The treatments are simple office procedures performed by highly trained medical laser technicians. The technicians will assess with you clear goals and what it will take to achieve your goals. Your goals may require 1-8 treatments for optimal skin rejuvenation.

Following your treatment, there MAY be a minor degree of redness and puffiness to the skin, with some tingling discomfort that usually disappears in 1-2 hours. You may apply makeup immediately after treatment and return to work or regular activities. It is highly recommended that you begin a comprehensive skin care program to optimize the cosmetic improvements you obtain with your photo facial.

Every cosmetic laser procedure involves a very small degree of risk and although uncommon, it is important that you understand and accept the rare risk involved with your treatments. Although a vast majority of patients do not ever experience any of these complications, you may discuss each of them with your laser technician to ensure you fully understand the risk and potential complications and average outcome of these procedures.

I understand the following risks:

- Some patients experience a various degree of discomfort. Some describe the sensation as a stinging, while others say it's like a rubber band snap. A burning sensation may last for up to a few hours after treatment. Most patients can tolerate this discomfort.
- It is rare for IPL to cause a blister or skin wound. The incidence of blistering or crusting is less than 3% overall. If a blister or skin wound develops, it may take up to five to ten days for it to heal, and in EXTREMELY rare instances, may leave noticeable whitening or darkening of the skin.
- There is a very small risk of temporary hyper pigmentation (increase in pigment) or hypo pigmentation (lightening of skin) in the treated area. Hyper & hypo pigmentation is found in less than 1% in skin types 1-4 on the Fitzpatrick types. Usually these results are temporary and will resolve over several weeks or months.
- It is essential that you not tan your skin, or use tanning cream or spray prior to or following your treatments as this will increase your risk of pigment change or skin wounds.
- Scarring occurs in less than .1% If you develop a wound it is important to return to Fit & Beautiful to keep it from scarring.
- It is extremely uncommon to have any skin bruising following a treatment. If bruising occurs, it can be camouflaged immediately and should resolve in 8-10 days.

- A minor degree of puffiness and or swelling may follow a treatment that usually last up to two hours. A mild hydrocortisone cream will usually settle this.

- It is highly recommended that approximately 2 weeks after the photo facial you obtain a Microdermabrasion to help aid in the PROPER exfoliation of your skin. It is also recommended you use the proper medical grade skin care to achieve the optimum results.

- A photo facial can not be performed during pregnancy.

I acknowledge that I am obligated to follow the instructions closely and if needed to visit the office as directed. I agree all my questions have been addressed to my satisfaction. I understand the payment required for this treatment and the recommendation for proper skin care associated with this procedure. I give permission to the laser tech to perform the IPL photo facial and will hold her and her staff harmless from any liability that may result from this treatment.

Client Name (printed) _____

Client Name (signature) _____ Date _____